

MSc in TA Psychotherapy with CTA

Background

Over the last few years there has been an increasing demand for a post graduate level of academic qualification in psychotherapy.

Recognising this need, CPTI put forward their course for MSc validation with Queen Margaret University (QMU) in Edinburgh.

QMU Validation

CPTI training has always been at a post graduate level and the course was accepted for full validation. The MSc in TA Psychotherapy is one of two MSc degrees offered by CPTI and the taught course is the same for both; the difference lies in the

professional accreditation required alongside the academic qualification. In consequence, the Psychotherapy MSc typically takes significantly longer to achieve than the MSc in TA Counselling.

The Psychotherapy MSc

The psychotherapy MSc with CTA will be undertaken by trainees who want to add an academic qualification to their professional one. The choice of doing the psychotherapy

MSc or one in TA counselling can be delayed until the end of the taught element at the completion of four years of training.

Entry Requirements

The primary requirement is the completion of two years of training in the CPTI programme or at another ITA registered training institute. The entry requirements for the foundation

year for the CPTI programme are detailed in the Training Information Leaflet on Psychotherapy Training. See also RPL entry below.

The MSc in Conjunction with the CTA

The psychotherapy MSc is awarded following the successful completion of the examination for Certified Transactional Analyst (Psychotherapy), the professional qualification for TA psychotherapy. Passing

the CTA allows the successful candidate, subject to compliance, to register with the UKCP through the Institute of Transactional Analysis (ITA) of which CPTI is a Registered Training Establishment.

The MSc Time table

Entry to the MSc is at the end of the second year of the CPTI training. The entry for an MSc requires two years of taught modules and the completion of this is the same as the taught element for all psychotherapy trainees. Following the two MSc years, students join an Extended Training Group; meeting in alternative months this group supports students in their work to comply with the

practice conditions for the CTA and, at an appropriate time the preparation of the CTA case study. On obtaining a pass for the CTA case study and viva examination, students then submit the case study and theoretical essays appropriately reformatted as a masters project and on receiving a pass are awarded the degree.

Outcomes

The MSc in TA psychotherapy is always awarded in conjunction with passing the CTA examination, although the CTA can be taken

without the MSc. The introduction of the MSc in psychotherapy adds an academic standing to the professional qualification.

Gaining an MSc in TA Psychotherapy always requires the establishment in practice as a psychotherapist; without this it is not possible to go forward for the CTA. Passing the CTA examination permits the successful trainee to

be registered with the UKCP as indicated above.

Prospective students who seek an MSc without this level of commitment may wish to consider the MSc in TA counselling.

Recognition of Prior Learning (RPL)

Students who have trained elsewhere may be eligible to enter for the masters by RPL (formerly known as APEL). To be eligible for this, prospective students must have completed a minimum of two years of TA

training recognised by EATA, ITAA or an affiliate. The RPL requirements will vary for each student and applications are considered individually.

RPL for Qualified Transactional Analysis Psychotherapists

TA Psychotherapists with a CTA who wish to add the academic qualification of MSc to their current qualifications can apply for RPL and may be able to submit part of their CTA case

study, suitably reformatted, as the masters project. They will be required to comply with any QMU conditions.

Teaching Staff

All course trainers with CPTI are authorised Transactional Analysis trainers, designated Provisional Teaching and Supervising Transactional Analyst (PTSTA) or Teaching and Supervising Transactional Analyst

(TSTA). All trainers also provide supervision and are themselves practicing therapists. CPTI also engages specialists in various fields to provide short courses in their CPD programme.

Administration and Support

CPTI considers that the support of students by knowledgeable and experienced administration staff is essential to the successful provision of training. Students always have access to staff by email,

telephone and, where appropriate, by personal meeting. The first resource for students is with a Student Advisor. CPTI offices are manned five days a week and include library and computer facilities for trainees.

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See other CPTI Training Information Sheets for detailed descriptions of the training programmes, TA, other MSc courses and the available qualifications. Training Information Sheets are downloadable from www.cpti.info in PDF format or can be requested as emails from our office.

Counselling & Psychotherapy Training Institute

86 Causewayside, Edinburgh EH9 1PY

enquiries@cpti.info 0131 667 6173 or 0845 450 1547

