

Awards, Registration and Accreditation

Course	Duration	Pre-entry Requirements	Award	Validated/ awarded by
Professional Awards				
Introduction to Counselling Skills	3 days	None	Certificate of Attendance	CPTI
TA101 Introduction to Transactional Analysis	2 days	None	Certificate of Attendance	ITA
Certificate in TA Theory & Counselling Skills	2 years (40 days)	TA101 and Intro to Counselling Skills	Certificate in TA Theory & Counselling Skills	CPTI
Diploma in TA Counselling	3 Years (60 days)	TA101. Intro to Counselling Skills & the Certificate above	Diploma in TA Counselling	COSCA/CPTI
Certified Transactional Analysis (Psychotherapy)	4 years (80 days + Compliance)	TA101	Certificate in TA Psychotherapy and ¹ eligibility for UKCP registration	ITA/EATA
CPD Courses	1 or 2 days	Varies	² Certificate of Attendance	CPTI

Academic Awards				
PG Certificate in Brief Intervention Psychological Therapies	1 Year (15 days) attendance + self study & practice	Professional qualification or appropriate work experience	PG Certificate	³ Napier University
PG Diploma in Brief Intervention Psychological Therapies	2 Years (30 days) attendance + self study & practice	Professional qualification or appropriate work experience	¹ PG Diploma	³ Napier University
MSc in Brief Intervention Psychological Therapies	2 Years (30 days) attendance + self study, practice + MSc Project	Professional qualification or appropriate work experience	¹ MSc	³ Napier University
MSc in Transactional Analysis Counselling	2 Years (40 days) + MSc project + compliance	Two years TA training	¹ MSc	Queen Margaret University
MSc in Transactional Analysis Psychotherapy	2 Years (40 days) + MSc project + compliance	Two years TA training	¹ MSc & CTA	Queen Margaret University
PG Certificate in Professional Supervision	1 Year (15 days) attendance + self study & practice	Professional qualification or RPL	PG Certificate	³ Napier University
PG Diploma in Professional Supervision	2 Years (30 days) attendance + self study & practice	Professional qualification or RPL	PG Diploma	³ Napier University
MSc in Professional Supervision	2 Years (30 days) attendance + self study, practice + MSc Project	Professional qualification or RPL	MSc	³ Napier University

¹ Eligibility for recognition and registration with professional bodies such as UKCP and COSCA is subject to compliance with practice and supervision requirements in addition to the acquisition of the award.

² Some CPD courses also carry Masters level credits

³ PG Certificates, PG Diplomas and MScs with Napier University are subject to validation which is in process

Training Timelines

Counselling Diploma – Transactional Analysis

Pre training	TA101 course	ITA Certificate of Attendance
Foundation Year	20 days including Counselling Skills Course	
Advanced Year 1	20 days	CPTI TA Theory & Skills Certificate
Advanced Year 2	20 days	COSCA Counselling Diploma

Counselling MSc – Transactional Analysis

Pre matriculation	Diploma Course as above; matriculation is at start of Advanced Year 2	
Advanced Year 3	20 days	
Year 4	MSc Project supervision in 10 day Extended Training Group	MSc in TA Counselling (Queen Margaret University)

Psychotherapy CTA and MSc

Pre training	TA101 course	ITA Certificate of Attendance
Foundation Year	20 days	
Advanced Year 1	20 days	
Advanced Year 2	20 days	
Advanced Year 3	20 days	
As required	Extended Training Group per year during practice compliance and exam preparation	CTA Exam and eligibility for UKCP registration
On passing CTA	Submission of MSc Project	MSc in TA Psychotherapy (Queen Margaret University)

*Brief Intervention Psychological Therapies – MSc and intermediate awards

Year 1	3 modules 15 days, including a core module + self study	PG Certificate (Napier University subject to validation)
Year 2	3 modules from options list + supervised practice module	PG Diploma (Napier University subject to validation)
Year 3	MSc Dissertation with supervision Supervised Practice Module	MSc in Brief Intervention Psychological Therapies (Napier University subject to validation)

*Professional Supervision MSc and intermediate awards

Year 1	3 core modules 16 days + self study	PG Certificate (Napier University subject to validation)
Year 2	3 modules from options list	PG Diploma (Napier University subject to validation)
Year 3	MSc Dissertation with supervision	MSc in Professional Supervision (Napier University subject to validation)

**Individual modules may be undertaken with credits awarded*

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See other CPTI Training Information Sheets for detailed descriptions of the training programmes, TA and the available qualifications. Training Information Sheets are downloadable from www.cpti.info in PDF format or can be requested as emails from our office.

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