



Training Information Sheet

Diploma in TA Counselling

Eligibility & Entry Criteria

Candidates for the Counselling Diploma will normally hold a first degree or have relevant life experience. The CPTI diploma is a professionally validated course trainees entering for this award are eligible to continue to a masters degree.

To enter for the diploma and receive the COSCA validated award there are certain pre-conditions; candidates are required to

have a COSCA certificate in counselling skills or the equivalent. This is provided by CPTI by attendance at a TA101 Introduction to TA and in the first seven days of the foundation year training. An exemption from the first three day block of the foundation year is available to entrants showing they have already completed a Counselling Skills Certificate or equivalent training.

Validation

The CPTI Diploma in Transactional Analysis Counselling is validated by

COSCA, the Scottish counselling overseeing body.

The Course Structure

The diploma course is part time at weekends over three years. In the first year, the CPTI Foundation Year is run over nine weekends. This is followed by two years of nine weekends plus two days of trainee selected courses (20 days per year) in Advanced Training groups. The course requires the active participation of trainees and in

addition to taught material, there is supervised practice, other work in small groups and client work in placements. Assignments include presentations, essays and a case study. To advance to a further year, trainees must attend for a minimum 85% of course time and obtain passes in all assignments.

Diploma Award

The Diploma in Transactional Analysis Counselling is awarded by COSCA. This diploma forms the basis for obtaining professional recognition from COSCA, following a post qualifying period. Recognition and registration with

professional bodies is by compliance with practice requirements. See www.cosca.co.uk for further information. The diploma can also form the basis for recognition by BACP.

Further Pathways

Trainees who enter the diploma course are eligible for entry to the CPTI MSc programme. Registration for the MSc is at the beginning of the Advanced Year 2 (third year of the diploma). Trainees who successfully complete the diploma also have the option to continue for a psychotherapy

qualification leading to registration with the UKCP; this requires obtaining the professional qualification of CTA(P) (Certified Transactional Analyst Psychotherapy). The CTA can, as an option be taken with an MSc in TA Psychotherapy.

MSc Programme

CPTI offers an MSc in Transactional Analysis Counselling and an MSc in Transactional Analysis Psychotherapy with CTA, both validated by Queen Margaret

University, Edinburgh. More information on the MSc programme is in separate Training Information Sheets.

Teaching Staff

All course trainers with CPTI are authorised Transactional Analysis trainers designated Provisional Teaching and Supervising Transactional Analyst (PTSTA) or Teaching and Supervising Transactional Analyst

(TSTA). All trainers also provide supervision and are themselves practicing therapists. CPTI also engage specialists in various fields to provide short courses in their CPD programme.

Administration and Support

CPTI considers that the support of students by knowledgeable and experienced administration staff is essential to the successful provision of training. Students always have access to staff by email, telephone and, where appropriate by

personal meeting. The first resource for students is with a Student Advisor. CPTI offices are manned five days a week and include library and computer facilities for trainees.

Further Information

Further information in the form of a prospectus, FAQs and training manuals are available from our web site

www.training@cpti.info or from our office. We are always pleased to answer questions and discuss the training programmes.

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See other CPTI Training Information Sheets for detailed descriptions of the training programmes, TA and the available qualifications. Training Information Sheets are downloadable from www.cpti.info in PDF format or can be requested as emails from our office.

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